

Conference  
Social Insurance Institution (ZUS)

# Prevention as a route to a safe and healthy future

*health – demography – technology*



8 October 2024

09:30–14:30

Warsaw



SOCIAL  
INSURANCE  
INSTITUTION

A Partner of

**VISION ZERO**

Safety.Health.Wellbeing.

## Programme

08:30–09:30 Registration

09:30–09:40 Opening

- **Zbigniew Derdziuk**, ZUS President

09:40–09:50 Development of international experiences in the area of prevention

*The Social Insurance Institution's accession to the Vision Zero strategy*

09:50–10:10 PRÆVENTIO awards ceremony

*PRÆVENTIO awards ceremony for activity in safety and health protection in the categories:*

- **PRÆVENTIO. Cooperation leader**
- **PRÆVENTIO. Prevention project**
- **PRÆVENTIO. Ambassador of prevention**

10:10–10:55 **HEALTH: Public health as the most precious value and a reference point for prevention**

*Discussion panel on challenges in the area of health*

- **Prof. dr hab. n. med. Andrzej M. Fal**, National Medical Institute MSWiA; Polish Society of Public Health
- **Prof. dr hab. n. med. Piotr Gałeczki**, Medical University of Lodz, national consultant in psychiatry
- **Prof. dr hab. n. med. Mateusz Jankowski**, The Centre of Postgraduate Medical Education
- **Dr hab. Grażyna Brzuszkiewicz-Kuźmicka, prof. AWF**, University of Physical Education in Warsaw
- **Dr Małgorzata Gałązka-Sobotka**, Lazarski University – Institute of Healthcare Management

Moderator: **Iwona Schymalla**

10:55–11:25 Break

11:25–12:10

## DEMOGRAPHY: Demography as a challenge for the labour market and an element conditioning preventive actions

*Discussion panel on challenges in the area of demography*

- **Dr hab. Agnieszka Chłoń-Domińczak, prof. SGH,** Warsaw School of Economics
- **Dr Tomasz Lasocki,** Warsaw University of Technology
- **Dr Elżbieta Ostrowska,** Polish Association Of Pensioners and Disabled Persons
- **Prof. Paweł Wojciechowski,** Institute of Public Finance
- **Dr Kamil Matuszczyk,** University of Warsaw – Centre of Migration Research

Moderator: **Alicja Defratyka**

12:10–12:30

## Prevention in practice – breathing exercises

- **Agata Kita, Magdalena Trojanowska,** representatives of the “Wieliczka” Salt Mine

12:30–13:25

## Lunch break

13:25–13:45

## The art of educating about safety and health protection

*Power speech: How to educate about safety and health protection?*

- **Dr inż. Natalia Schmidt-Polończyk,** the AGH University

13:45–14:30

## TECHNOLOGIES: Technological development as an ally of responsible and innovative prevention

*Discussion panel on challenges in the area of technology*

- **Dr hab. Rafał Mrówka, prof. SGH,** Warsaw School of Economics
- **Dr Ada Florentyna Pawlak,** SWPS University
- **Dr inż. Joanna Kamińska,** Central Institute for Labour Protection – National Research Institute
- **Dr hab. Zbigniew Burtan, prof.,** the AGH University
- **Jakub Chojnicki,** State Labour Inspection

Moderator: **Dr inż. Natalia Schmidt-Polończyk**

14:30

## End of the conference



**ZUS**  
SOCIAL INSURANCE INSTITUTION  
OUR STRATEGY – SAFE FUTURE

Honorary Patronage  
of the President of the Republic of Poland

**RP** Prezydent  
Rzeczypospolitej  
Polskiej

Conference partners:



Media patrons of the conference:



POLSKA AGENCJA PRASOWA

Media partners of the conference:

